

# Can Students' Self-Efficacy Beliefs Explain Academic Motivation and Career Intentions?

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## Methodology



### Method & Participants

5 Interview Cohorts of female students (total 50) +  
Survey: Companies Perspective (around 380)  
Mechanical and plant engineering

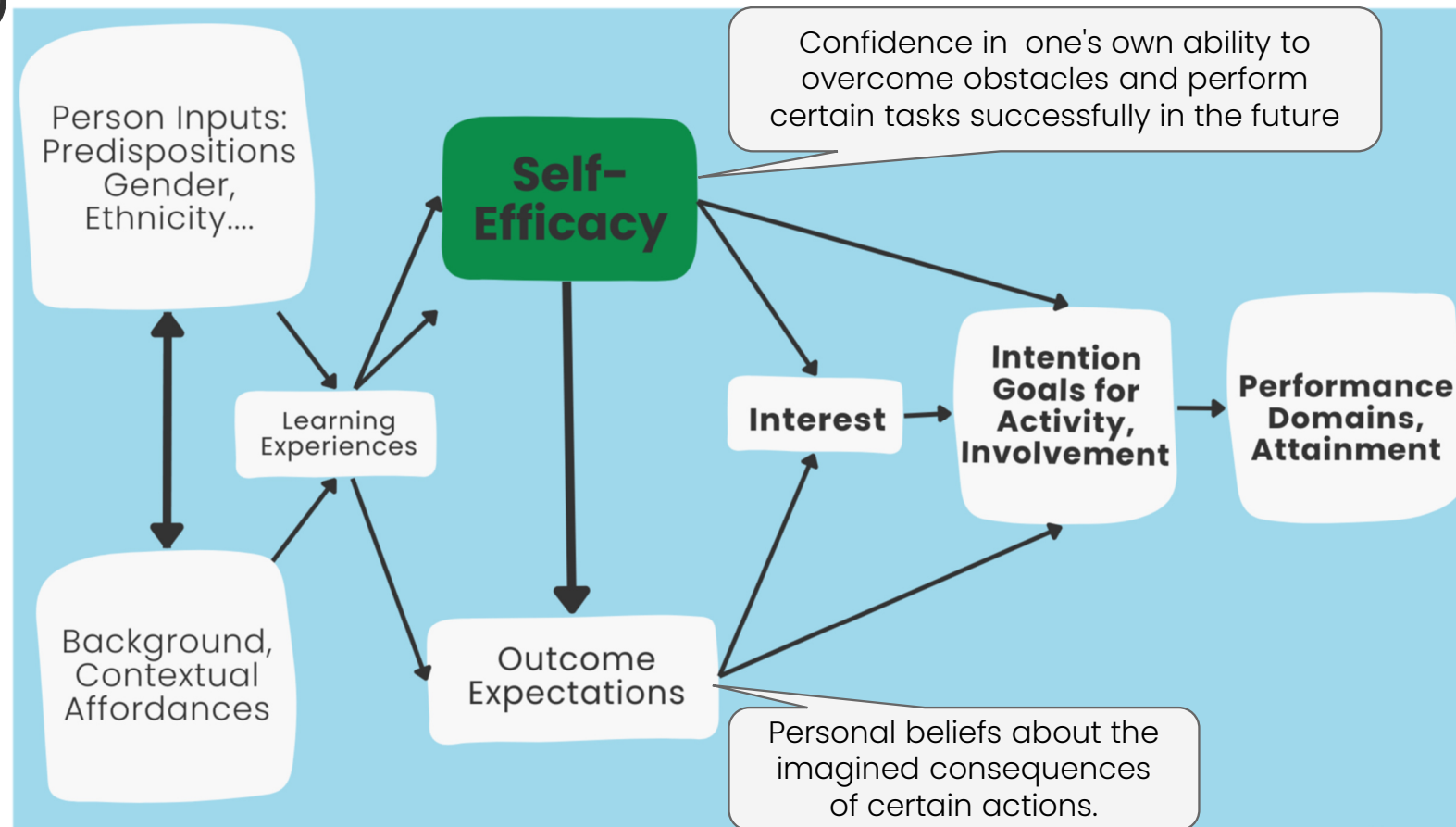
### Duration

2023 – 2025  
Germany

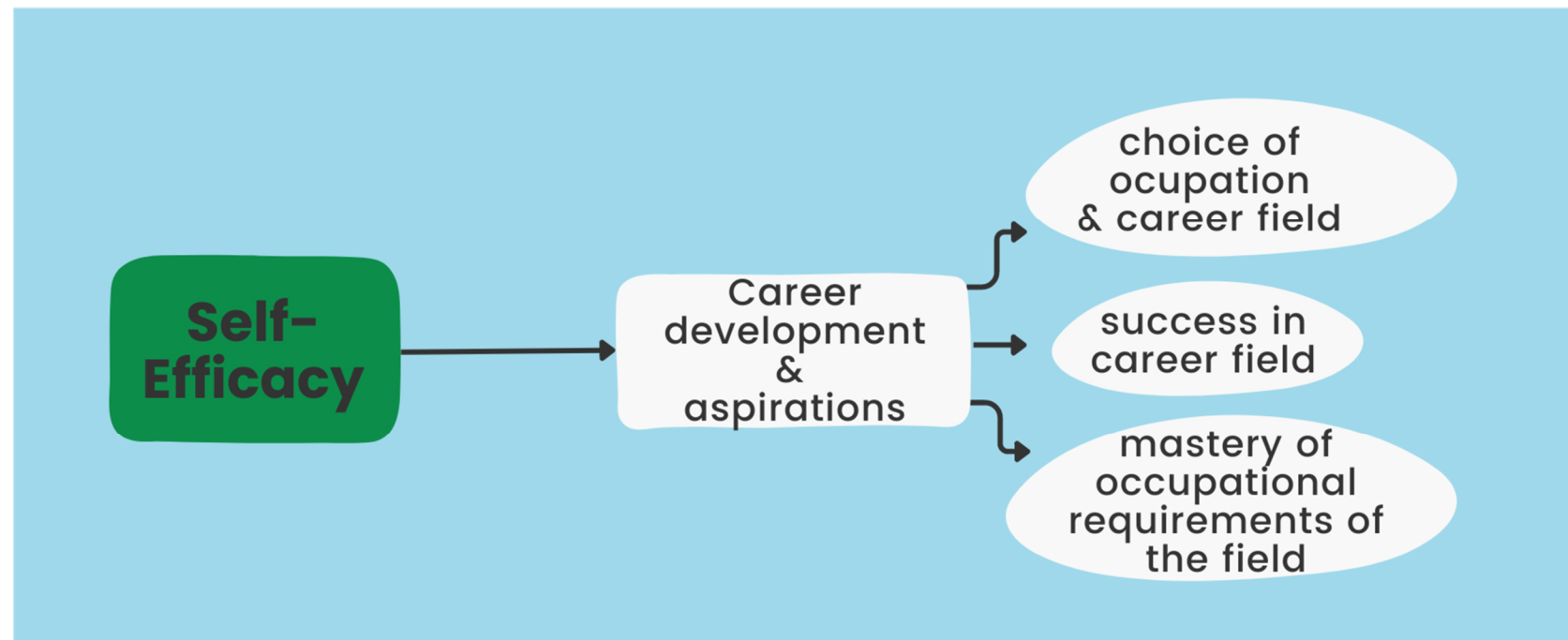
### Research Aim

- Perception of self-efficacy among students and professionals
- Learning experiences and contextual factors influence self-efficacy
- How stereotypes, gender biases, societal expectations shape self-efficacy beliefs

# Social Cognitive Career Theory (Lent, Brown & Hackett; 1994)



# Self-efficacy plays a major role for career development and aspirations



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## Expected Results

Hypotheses expected to be validated by 2023:

- ➔ Lower self-efficacy beliefs could explain lower interest of women to a certain extend
- ➔ Self-efficacy-based interventions could help to promote interest and motivation
- ➔ Regular, constructive feedback could be one way
- ➔ Impact on individuals' aspirations and career choice
- ➔ Reduction of drop-outs and enhancing retainment



# Thank you!

# Q&A

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# Q&A

